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Competition:	Women's JO Levels 1-10 and Xcel
Meet Director:	Michelle Carbone (michelle@sterlinggym.com)
Meet Entries:	email to meets.sterlinggym@gmail.com
Coach's Hospitality:	Good food available throughout the weekend
Location:	Worcester State University, Wellness Center, 486 Chandler St. Worcester, MA
Entry Fee:	\$100.00 - JO Compulsory & Optional Levels and Xcel \$50.00 - team fee (includes team photo) \$250 - Deposit to hold spot
Entry deadline:	November 2, 2016 (or when meet fills)
Refund deadline:	December 23, 2016
Scratch and level changes due:	December 23, 2016
Equipment:	AAI equipment supplied by DGS
Format:	Massachusetts Modified Capital Cup
Schedule:	Friday through Sunday, Feb. 3-5, 2017
Team Photos:	Taken in studio before each session - arrive early! Prints and digital files available for purchase
Videos:	TBA
Awards:	Ribbons, medals, coin banks and photo team awards
Admission:	\$10.00 for adults, \$5.00 for children and seniors (\$15 for weekend pass)
Parking:	Free
Host Hotels:	Great Wolf Lodge, Fitchburg, MA Courtyard by Marriott, Worcester, MA Hilton Garden Inn, Worcester, MA