



## Guest Athlete Release Form

All guest athletes must present this signed release form prior to participating / entering any activity area at Sterling Academy of Gymnastics & Dance (Sterling Gym)

Name of Guest Athlete: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

In case of emergency, please call # \_\_\_\_\_ Name \_\_\_\_\_

I, \_\_\_\_\_, hereby agree to allow my athlete to participate in the programs of Sterling Academy of Gymnastics & Dance (Sterling Gym). I recognize that any activity involving height, motion, and uneven surfaces can create the possibility of injury. I waive and release any and all rights and claims for damages I may have against Sterling Gym for any and all injuries and damages suffered by those in connection with the program. If I enter the gym area, I waive and release any and all injuries and damages suffered as a result. I also understand that gymnastics, dance & ninja challenge are skills learned under the direction of trained professionals and therefore should only be practiced in an appropriate setting with proper supervision. I hereby give consent to the staff of Sterling Gym to obtain medical care from any licensed medical care provider for the above mentioned for any injury that might arise during participation in the programs of Sterling Gym. Sterling Gym reserves the right to dismiss any person(s) at any time for reasons which, in its sole discretion, are in the best interest of the program and the facility. Please note: For safety, adults and guardians are not permitted on any apparatus at Sterling Gym. We appreciate your cooperation in adhering to the policies of Sterling Gym.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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